

Cadet Gear List

This is the gear list for the First Timer Course, not the GTM 3 course. Ground Team Members need to purchase a larger amount of gear, and should refer to the bivouac advertisement.

- 1 Wear BDUs
- 2 One spare outfit (uniform if available) in case your BDUs get wet.
- 3 5 pr extra socks (avoid cotton)
- 4 Rain and Cold Weather Gear (Does Not need to be military Issue)
- 5 Day pack or web gear with at least two sources of water (i.e. one camelback, one canteen or 2 canteens)
- 6 Sleeping bag and pad
- 7 Tent, bring one if you have one, we will keep the number of tents to a minimum and everyone will share
- 8 Compass, knife, lighter or matches, first-aid kit, flashlight, and can opener.
- 9 Personal hygiene stuff (minimal, there is no bathroom to wash up, only an outhouse)
- 10 Medications, glasses (avoid contacts)
- 11 Leather gloves and Eye Protection optional, but recommended for picking up firewood
- 12 Food and UTENSILS:
 1. 2 Breakfasts: canned fruits, MRE packets, preferably something that can be heated up.
 2. 2 Lunch: Canned soup, MREs, dehydrated camping meals.
 3. 1 Dinner: Same as lunch.

*NOTE: hot water and a heat source will be available, but that does not mean 5 course meals involving prep time. Time for cooking and eating will be very limited, so make sure everything will get hot fast and can be eaten fast. Make sure you get a good mix of meat, carbohydrates (starches like bread) fruits and vegetables.

Everything you bring will be carried to the campsite. Make sure that you can carry all of it (a backpack or duffle bag is recommended). Do not bring unnecessary items like iPods or other things that can be lost or broken.

PT will be done in BDUs and boots, so make sure they fit well as we will be running.

This is a weekend bivouac, do not bring 120 pounds of gear "just in case." The most important things to bring are warm clothes (avoid cotton), well fitted boots, and a warm sleeping bag.

Your day pack is your best friend. Make sure it can carry all your water, snacks, tools, rain and cold weather gear. You will be carrying it around everywhere.